

Extracted from camphor tree branches

CAMPHOR benefits

This large, round-canopied, evergreen tree has broad, unusually strong branches, and can reach seventy feet in height.

A quick method for identifying camphor is by crushing the leaves or peeling a twig or piece of bark. This releases oils and the scent of camphor.

Camphor (*Cinnamomum camphora*) is a terpene (organic compound) that's commonly used in creams, ointments, and lotions. Camphor oil is the oil extracted from the wood of camphor trees and processed by steam distillation. It can be used topically to relieve pain, irritation, and itching. Camphor is also used to relieve chest congestion and inflammatory conditions.



Camphor benefits

Healthy circulation

Camphor herbal oils and ingredients have long been used as external medicines to promote blood circulation and as analgesics.



Anti inflammatory

Used externally: if you apply camphor as a poultice, it works to suppress inflammation, reducing minor aches and pains such as sprains, simple backaches, and arthritis.



Relax

The scent of camphor tree has a highly relaxing while stimulating effect that lifts the mind and gives energy. It clears your head and enhances your cognitive and concentration powers, making it a great fragrance for work. It's a powerful scent that gives you power while stabilizing your mind.



Repellent

Insects don't like the scent of camphor, so it has a repellent effect that keeps insects that eat clothes away. For this reason, it has long been used as an insect repellent for clothing.



Antibacterial

Camphor has anti-inflammatory and antibacterial effects, and is sometimes used in skin care products to prevent skin problems.



Camphor on Buddhist statues

It's wood is highly resistant to decay and was used for furniture and Buddhist statues in the Asuka period due to its insect repellent effect and the large timber size perfect for statue making.



camphor

It is said that the first production in Japan was around 1700. It is believed that the production technology was introduced from Ryukyu (Okinawa) at that time. Camphor is a white translucent crystal.



<https://ja.wikipedia.org/wiki/%E3%82%AF%E3%82%B9%E3%83%8E%E3%82%AD>
<https://himitsu.wakasa.jp/contents/kusu/>
<https://www.timeless-edition.com/archives/4343>
<http://kusuhandmade.com/>

The Best!



PAIN NOMORE (SRP\$30/ 4OZ)

Pain NoMore is a natural analgesic gel that blends camphor, menthol, organic germanium and medicinal herbs. Created to relieve minor pain such as back pain, knee pain, muscle pain, joint pain, stiffness, and sprains. Alcohol, wax, and oil are not used, so you can use it with confidence.

== How to use ==

Use 3 to 4 times a day on areas with pain or stiffness.